

Slow to Anger, Abounding in Love

Psalm 103

Patience

Praise and Don't Forget

- “Praise the Lord my soul; all my inmost being, praise his holy name. Praise the Lord, my soul, and forget not all his benefits.” v. 1-2
- ⁵ For this very reason, make every effort to add to your faith goodness; and to goodness, knowledge; ⁶ and to knowledge, self-control; and to self-control, perseverance; and to perseverance, godliness; ⁷ and to godliness, mutual affection; and to mutual affection, love. ⁸ For if you possess these qualities in increasing measure, they will keep you from being ineffective and unproductive in your knowledge of our Lord Jesus Christ. ⁹ But whoever does not have them is nearsighted and blind, forgetting that they have been cleansed from their past sins. (2 Peter 1:5-9)

His Benefits (v. 2-5)

- ² Praise the Lord, my soul,
and forget not all his benefits—
- ³ who forgives all your sins
and heals all your diseases,
- ⁴ who redeems your life from the pit
and crowns you with love and compassion,
- ⁵ who satisfies your desires with good things
so that your youth is renewed like the eagle's.

His Character (v. 6-9)

- ⁶ The Lord works righteousness
and justice for all the oppressed.
- ⁷ He made known his ways to Moses,
his deeds to the people of Israel:
- ⁸ The Lord is compassionate and gracious,
slow to anger, abounding in love.
- ⁹ He will not always accuse,
nor will he harbor his anger forever;
- ¹⁰ he does not treat us

The Love of the Lord (v. 11-18)

- ¹¹ For as high as the heavens are above the earth,
so great is his love for those who fear him;
- ¹² as far as the east is from the west,
so far has he removed our transgressions from us.
- ¹³ As a father has compassion on his children,
so the Lord has compassion on those who fear him;
- ¹⁴ for he knows how we are formed,
he remembers that we are dust.
- ¹⁵ The life of mortals is like grass,
they flourish like a flower of the field;
- ¹⁶ the wind blows over it and it is gone,
and its place remembers it no more.
- ¹⁷ But from everlasting to everlasting
the Lord's love is with those who fear him,
and his righteousness with their children's children—
- ¹⁸ with those who keep his covenant
and remember to obey his precepts.

Conclusion (v. 19-22)

¹⁹ The Lord has established his throne in heaven,
and his kingdom rules over all.

²⁰ Praise the Lord, you his angels,
you mighty ones who do his bidding,
who obey his word.

²¹ Praise the Lord, all his heavenly hosts,
you his servants who do his will.

²² Praise the Lord, all his works
everywhere in his dominion.
Praise the Lord, my soul.

“Certainly by verse 22 his call embraces every creature heavenly and earthly, ‘dwellers all in time and space’, and finally includes himself. For as in an orchestra, each individual voice is as necessary as the total sound. Each and all find fulfillment in making the music the composer intends. The most heartfelt praise of any is due from one who is conscious of having been desperately out of tune, but who now knows that all his sins are forgiven and all his afflictions are to be healed.” (Wilcock)