



# The Fruit of the Spirit

Galatians 5:22-23

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But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.

Against such things there is no law.



# Fruit of the Spirit

- “Fruit” not “Fruits”
- Three categories: how we relate to God, how we relate to others, how we relate to ourself

God	Others	Ourselves
Love	Patience	Faithfulness
Joy	Kindness	Gentleness
Peace	Goodness	Self-Control



# Of the Spirit

- They are supernatural in origin
- The fruit of the Spirit is not a "to do" list
- Galatians 2:21 "I do not set aside the grace of God, for if righteousness could be gained through the law, Christ died for nothing!"
- "My hope and prayer is that in the following chapters you will come to know and adore the very fact that for you and for your salvation, Christ came down from heaven, and was love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. Now in grateful obedience, you may be these things for him." --Jonathan Cruse



# Fruit

- They are natural in growth
- Galatians 6:7-8 “Do not be deceived: God cannot be mocked. A man reaps what he sows. Whoever sows to please their flesh, from the flesh will reap destruction; whoever sows to please the Spirit, from the Spirit will reap eternal life.”
- Matthew 5:6 “Blessed are those who hunger and thirst for righteousness, for they will be filled.”



# Conclusion

- Supernatural in origin: “As we reflect upon these familiar words in Galatians 5, consider that they are not God’s demand upon you so much as they are his declaration to you in Christ.” –Jonathan Cruse
- Natural in growth: Sow what you want to reap. Create the environment for these fruit to grow.

