

# GOD CAN BE TRUSTED

September 4-10, 2019

## Day One: Devotional

Before you start, be sure to read page 9 on how to approach this devotional time.

1. As you begin today, find a comfortable place where you can sit and hear from the Lord. Let's start off the week in prayer. This week, we focus around the truth that *God can be trusted*. Think on what that means for you. How has God proven himself trustworthy in your life? Meditate upon those things, and thank Him for them. Write any reflections below.

2. Read Proverbs 3:5-6 several times. Each time you read it, focus around one word, emphasize that word.

Proverbs 3:5-6 "**Trust** in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight."

Proverbs 3:5-6 "Trust in the Lord with all your **heart** and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight."

Proverbs 3:5-6 "Trust in the Lord with all your heart and **lean** not on your own understanding; in all your ways submit to him, and he will make your paths straight."

Proverbs 3:5-6 "Trust in the Lord with all your heart and lean not on your own understanding; in all your ways **submit** to him, and he will make your paths straight."

3. Pray this passage back to God. Ask him to help you to trust in Him in this way. Ask Him where you need to better trust in Him. Spend time listening. If a particular word stuck out to you, ask Him why. Give at least 5 minutes to this time. Write your reflections below.

4. Write out an application. How can you apply this passage to your life, today?

**Day Two:** Observations & Color Code

Before you begin today be sure to consult pages 10-11 on how to do observations and color coding.

Psalm 23

<sup>1</sup>The Lord is my shepherd, I lack nothing.

<sup>2</sup> He makes me lie down in green pastures,  
he leads me beside quiet waters,

<sup>3</sup> he refreshes my soul.

He guides me along the right paths  
for his name's sake.

<sup>4</sup>Even though I walk

through the darkest valley,

I will fear no evil,

for you are with me;  
your rod and your staff,  
they comfort me.

<sup>5</sup>You prepare a table before me  
in the presence of my enemies.

You anoint my head with oil;  
my cup overflows.

<sup>6</sup>Surely your goodness and love will follow me  
all the days of my life,  
and I will dwell in the house of the Lord forever.

**Observations:**

**Day Three:** SOAP Method: **S**cripture-**O**bservation-**A**pplication-**P**rayer

Before you begin today, be sure you have read through page 5: **How to do Exegesis.**

1. **SCRIPTURE:** Read through Psalm 23 three times. Pick a verse or verses that stuck out to you this week or that you want to focus on. Remember, this week we are reminding ourselves that God can be trusted. What verse in this passage helps you to trust God? What verse challenges you? Why? Write it out below.

Consult different translations. Look up your verse in multiple translations. Some to consider are ESV, Amplified, NRSV, NASB, or NKJV (see bottom of page 6 for information on translations). What changes in these translations? Do they help you to understand your verse better?

**Day Four:** SOAP Method Continued

2. **OBSERVATION:** Look again at Psalm 23. You did observations on that passage on day two, but today ask new questions of it. A helpful acrostic is S-P-A-C-E-P-E-T-S. When reading this passage, is there any...

Sin to confess?

Promise to claim?

Attitude to change?

Command to obey?

Example to follow?

Prayer to pray?

Error to avoid?

Truth to believe?

Something to praise God for?

### **Day Five:** SOAP Method Continued

3. **APPLICATION:** Look back on your observation questions from yesterday. How can you apply this passage? Remember to make your application something **personal**. Write It with personal pronouns: I, me, mine. Make sure it is also **practical**. Plan a course of action you can take and make it specific. It should also be **possible**, something you are able to accomplish with the Lord's help. Finally, make it **provable**. How will you check up on yourself, or how can others hold you accountable? It helps to make your application something measurable so that you have a goal.
  
4. **PRAYER:** Pray this passage back to God. For example, "Thank you Lord, for being my Shepherd, so that I can have all I need." Pray also that God will help you to follow your application, knowing that we can do nothing of our own strength. Use this prayer time as an act of worship. End today listening to *Through it All* by Colton Dixon if you can. Here is a link to watch the video of this song: <https://www.youtube.com/watch?v=91KliTa1ksY>