

# SENDING MEDICATIONS TO CAMP

Dear Parents and Guardians,

In an effort to help manage your child's medication needs at camp we ask that you follow Forest Home First Aid Department requirements regarding the sending of medication to camp. We hope this helps you understand how medications must be sent to camp. If you have any questions, please contact Paula Buchan, RN, First Aid Supervisor at 909-389-4326 or paulab@foresthome.org. We appreciate your help in our efforts to comply with State and County law and to maintain a safe delivery of all camper medications.

**Over the Counter Medication:** This includes vitamins, supplements, herbals, cough drops, creams, pain medication...

Medication must be in the **ORIGINAL** store bought container with dosing on original label. The dosing and age requirement on bottle is our guide. **DO NOT** write on the label.

Your doctor can write a different dosing and we can follow that order. Otherwise the bottle dose **MUST** be used. Your child's age must be within the bottles age/direction. We cannot use a parent note for altered amounts. **(For EO's please tighten caps, place in baggie with written instructions)**

**Prescription Medication:** Pills, liquids, powders, & creams that are swallowed or applied.

Medication must be in the **ORIGINAL** container with pharmacy label, which includes child's name and dosing instructions. **DO NOT** write on the label.

If your child's dose is different from the written label you **MUST** get a Doctor's order for the correct dose. We cannot use a parent note to change a Doctor's order.

**Prescription Medication:** Injections – Insulin & epi pens

*Please note that we do not administer growth hormone or allergy shots*

Medication must be in the **ORIGINAL** container (vial) with pharmacy label, which includes child's name and dosing instructions. **DO NOT** write on the label.

A required **Allergy Action Plan** must be filled out and signed by your Doctor for epinephrine injectors.

**Diabetics require a copy of their Diabetic Action Plan from the Endocrinologist.**  
**(See FORMS section on website for information)**

**Prescription Medication:** Inhalers & Nebulizers

Medication must be in **ORIGINAL** container with pharmacy label (on the box), which includes child's name and dosing instructions. **DO NOT** write on the label.

If your child's dose is different from the written label, you **MUST** get a Doctor's order for the correct dose. We cannot take a parent note to change a Doctor's order

## **Unacceptable forms of sending medications to camp:**

- Baggies with loose pills (Original containers only)
- Sunday-Saturday containers with pills (Original containers only)
- Inhalers & epi pens without a label (pharmacy label required)
- Any prescription medications without the pharmacy labels\* (pharmacy label required)

**\*Your pharmacy can print you a label if you have misplaced one.**